



# Periwinkle

## PRESCHOOL

for Rudolf Steiner  
early childhood education

### Dealing with Medical Conditions

This policy acts to ensure that at Periwinkle Preschool:

- Children are supported to feel physically and emotionally well and feel safe in the knowledge that their wellbeing and individual health care needs will be met when they are not well.
- Families can expect that at Periwinkle, educators will always act in the best interests of the children in their care; meet the children's individual health care needs; maintain continuity of medication for their children when the need arise.
- Educators feel competent to perform their duties; understand their liabilities and duty of care requirements; are provided with sufficient information and training regarding the administration of medication and other appropriate treatments.
- There is collaboration with families of children with diagnosed medical conditions to develop a Risk Minimisation Plan for their child.
- All staff, including casual staff, educators, and volunteers, are informed of all children diagnosed with a medical condition and the risk minimisation procedures for these.
- All families are provided with current information about identified medical conditions of children enrolled at the service with strategies to support the implementation of the Risk Minimisation Plan.
- All children with diagnosed medical conditions have a current Risk Minimisation Plan that is accessible to all staff.
- All staff are adequately trained in the administration of emergency medication.

### Goals

Clear procedures are required to support the health, wellbeing and inclusion of all children enrolled at the service.

At Periwinkle Preschool our practices support the enrolment of children and families with specific health care requirements. Medical conditions include, but are not limited to asthma, diabetes, or a diagnosis that a child is at risk of anaphylaxis. In many cases, if not managed appropriately, these can be life threatening.



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### Strategies

#### Enrolment

- On application for enrolment families will be required to complete full details about their child's medical needs. We will assess whether Educators are appropriately trained to manage the child's special health needs at that time.
- Where children require medication or have special medical needs for long term conditions or complaints, the child's doctor or allied health professional and parent/guardian must complete a Medical Management Plan. Such a plan will detail the child's special health support needs including administration of medication and other actions required to manage the child's condition.
- The Nominated Supervisor will also consult with the child's family to develop a Risk Minimisation and Communication Plan. This plan will assess the risks relating to the child's specific health care needs, allergy, or medical condition; any requirements for safe handling, preparation and consumption of food; notification procedures that inform other families about allergens that pose a risk; procedures for ensuring educators/students/volunteers can identify the child, their medication. This will also detail how families will inform educators about specific requirements for child(ren) in regard to medical conditions, and how educators will communicate to families; any intervention undertaken in relation to their child's medical condition.
- Children with specific medical needs must be reassessed regarding the child's needs and our service's continuing ability to manage the child's special needs, on a regular basis, depending on the specific child's medical condition.
- If a child's medical, physical, emotional, or cognitive state changes the family will need to complete a new Medical Management Plan and our service will re-assess its ability to care for the child, including whether educators are appropriately trained to manage the child's ongoing special needs.

#### Administration of Prescribed Medication

- Prescribed medication, authorised medication and medical procedures can only be administered to a child:
  - with written authorisation from the parent/guardian or a person named in the child's enrolment record as authorised to consent to administration of medication (Regulation 92(3)(b))
  - with two adults in attendance, one of whom must be an educator. One adult will be



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responsible for the administration and the other adult will witness the procedure  
-if the prescribed medication is in its original container bearing the child's name,  
dose, and frequency of administration.

## **Medical Management Plans**

Medical Management Plans are required if a child enrolled at our service has a specific health care need, allergy, or relevant medical condition. This involves:

- requiring a parent of the child to provide a medical management plan for the child. The medical management plan must include a current photo of the child and must clearly outline procedures to be followed by staff in the event of an incident relating to the child's specific health care needs
- requiring the medical management plan to be followed in the event of an incident relating to the child's specific health care need, allergy, or relevant medication.

## **Risk Minimisation and Communication Plans**

Risk Minimisation and Communication Plans are required to be developed in consultation with the parents of a child:

- to ensure that the risks relating to the child's specific health care need, allergy or relevant medical condition are assessed and minimised.
- if relevant, to ensure that practices and procedures in relation to the safe handling, preparation, consumption, and service of food are developed and implemented.
- if relevant, to ensure that practices and procedures to ensure that the parents are notified of any known allergens that pose a risk to a child and strategies for minimising the risk are developed and implemented.
- to ensure that all staff members and volunteers can identify the child, the child's medical management plan and the location of the child's medication.
- if relevant, to ensure that practices and procedures ensuring that the child does not attend the service without medication prescribed by the child's medical practitioner in relation to the child's specific health care need, allergy or relevant medical condition are developed and implemented.

## **Communication Strategies**

Our service will maintain the review and development of communication strategies to ensure that:

- Relevant staff members and volunteers are informed about the medical conditions policy and the medical management plan and Risk Minimisation Plan for the child.
- A child's parent can communicate any changes to the medical management plan and Risk Minimisation Plan for the child, setting out how that communication can occur.



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- Families and educators communicate regarding the child's/children's changing requirements and any interventions undertaken by the educators.

### **Asthma**

- Whenever a child with asthma is enrolled at our service, or newly diagnosed as having asthma, communication strategies will be developed to inform all relevant Educators, including students and volunteers, of:
  - the child's name (in the child's Risk Minimisation Plan)
  - where the child's Medical Management Plan will be located
  - where the child's preventer/reliever medication etc. will be stored
  - which educators will be responsible for administering treatment.
- Asthma reliever medications will be stored out of reach of children, in an easily accessible central location.
- Reliever medications together with a spacer will be included in our service's First Aid kit in case of an emergency where a child does not have their own reliever medication with them.
- Asthma Australia provides training in Emergency Asthma Management (EAM) which instructs on all aspects of asthma management and administration of asthma reliever medications. Educators who will be responsible for administering asthma reliever medication to children diagnosed with asthma in their care, will attend, or have attended, an Asthma EAM course. It is a requirement that at least one Educator or other person that is trained in EAM is always at the service children are present.
- Asthma Australia produces recommended guidelines on asthma management within the childcare setting, including an Asthma Care Plan for education and care services.

### **Asthma Emergencies**

In the case of an asthma emergency, medication may be administered to a child without written parent/guardian authorisation. If medication is administered the parent/guardian of the child or the child's registered medical practitioner will be contacted as soon as possible. The National Asthma Council (NAC), recommends that should a child not known to have asthma appear to be in severe respiratory distress, the Asthma First Aid plan should be followed immediately. The following steps are recommended:

- If someone collapses and appears to have difficulty breathing, call an ambulance immediately, whether the person is known to have asthma:
  - Give 4 puffs of a reliever medication and repeat if no improvement.
  - Keep giving 4 puffs every 4 minutes until the ambulance arrives.
  - No harm is likely to result from giving reliever medication to someone who does not



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have asthma.

- In the event of anaphylactic emergency and breathing difficulties, an EpiPen must be administered first, then Ventolin.
- A Ventolin inhaler and spacer is in the first aid kit located in the blue and grey backpack which hangs on the rear of the storeroom door. Asthma action plans and risk minimisation plans are also kept inside the first aid kit and in the children's individual file kept in the locked cabinet.

## **Anaphylaxis**

- Whenever a child with severe allergies is enrolled at our service, or is newly diagnosed as having a severe allergy, a communications plan will be developed to inform all relevant educators, including students and volunteers, of:
  - the child's name
  - the child's Risk Minimisation Plan.
  - where the child's Medical Management Plan will be located.
  - where the child's adrenaline auto-injector is located; and
  - which educators/staff will be responsible for administering
- In accordance with the Education and Care Services National Regulations, our service will advise families that a child who has been diagnosed as at risk of anaphylaxis is enrolled at the education and care service. Notices will be posted in the office, and kitchen. The notice will advise which foods are allergens and therefore not to be brought to the service.
- It is required that the child at risk of anaphylaxis will have a Medical Management Plan. (Refer to: The Australian Society for Clinical Immunology and Allergy (ASCIA) for a plan template [www.allergy.org.au](http://www.allergy.org.au)). Educators will become familiar with the child's plan and develop an Individual Anaphylaxis Risk Minimisation Plan for the child in consultation with the child's parents/guardians and appropriate health professionals.
- A communication strategy will be developed with parents/guardians to ensure any changes to a child's health care needs are discussed and the health care plan updated as required.

## **Anaphylaxis Emergencies**

- In the case of an anaphylaxis emergency, medication may be administered to a child without written parent/guardian authorisation. If medication is administered the parent/guardian of the child or the child's registered medical practitioner will be contacted as soon as possible.



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- For anaphylaxis emergencies, educators will follow the child's Emergency Action Plan. If a child does not have an adrenaline auto-injector and appears to be having a reaction, the educator will administer adrenaline via Periwinkle's additional adrenaline auto-injector for general use which is stored in the first aid kit located in the blue and grey backpack which hangs on the rear of the storeroom door. Educators/staff administering the adrenaline will follow the instructions stored with the device. An ambulance will always be called. The used auto-injector will be given to ambulance officers on their arrival. Another child's adrenaline auto-injector will NOT be used.

## Diabetes

- Whenever a child with diabetes is enrolled at our service, or is newly diagnosed as having diabetes, a communications plan will be developed to inform all relevant educators, including students and volunteers, of:
  - the child's name.
  - the child's Risk Minimisation Plan.
  - where the child's Emergency Action Plan will be located.
  - where the child's insulin/snack box etc. will be stored.
- Educators will be aware of the signs and symptoms of low blood sugar including the child presenting pale, hungry, sweating, weak, confused and/or aggressive. Signs and symptoms of high blood sugar include thirst, need to urinate, hot dry skin, smell of acetone on breath.
- Management of diabetes in children at our service will be supported by the child having in place an Emergency Action Plan which includes:
  - Administration of Insulin, if needed – information on how to give insulin to the child, how much insulin to give, and how to store the insulin. Insulin may be delivered as a shot, an insulin pen, or via an insulin pump.
  - Oral medicine – children may be prescribed with oral medication.
  - Meals and snacks – Including permission to eat a snack anytime the child needs it.
  - Blood sugar testing – information on how often and when a child's blood sugar may need to be tested by educators.
  - Symptoms of low or high blood sugar – one child's symptoms of low or high blood sugar may be different from another. The child's Action Plan should detail the child's symptoms of low or high blood sugar and how to treat it. For high blood sugar, low blood sugar, and/or hypoglycaemia, educators will follow the child's Emergency Action Plan.



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### **Roles and Responsibilities**

#### **Responsibility For Approved Provider**

- Ensuring the development of a communication plan and encouraging ongoing communication between parents/guardians and educators/staff regarding the current status of the child's specific health care need, allergy or other relevant medical condition, this policy and its implementation.
- Ensuring relevant educators receive regular training in managing specific health care needs such as asthma management, anaphylaxis management and any other specific procedures that are required to be carried out as part of the care and education of a child with specific health needs.
- Ensuring at least one educator/staff member who has current accredited training in emergency management requirements for specific medical conditions is in attendance and immediately available at all times that children are being educated and cared for by the service.
- Ensuring that a Risk Minimisation Plan is developed for each child with specific medical conditions on enrolment or upon diagnosis, and that the plan is reviewed at least annually.
- Ensuring that parents/guardians who are enrolling a child with specific health care needs are provided with a copy of this and other relevant service policies.

#### **The Nominated Supervisor/ Director**

- Implementing this policy at the service and ensuring that all staff adhere to the policy.
- Informing the Approved Provider of any issues that impact on the implementation of this policy.
- Identifying specific training needs of staff who work with children diagnosed with a medical condition, and ensuring, that staff access appropriate training.
- Ensuring children do not swap or share food, food utensils or food containers.
- Ensuring food preparation, food service and casual staff/educators are informed of children and staff who have specific medical conditions or food allergies, the type of condition or allergies they have, and the service's procedures for dealing with emergencies involving allergies and



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anaphylaxis.

- Ensuring a copy of the child's medical management plan is visible and known to staff in the service.
- Ensuring staff/educators follow each child's Risk Minimisation Plan and medical management plan.
- Ensuring opportunities for a child to participate in any activity, exercise or excursion that is appropriate and in accordance with their Risk Minimisation Plan.
- Providing information to the community about resources and support for managing specific medical conditions while respecting the privacy of families enrolled at the service.
- Maintaining ongoing communication between staff/educators and parents/guardians in accordance with the strategies identified in the communication plan to ensure current information is shared about specific medical conditions within the service.

### **Educators and staff:**

- Communicating any relevant information provided by parents/guardians regarding their child's medical condition to the Nominated Supervisor to ensure all information held by the service is current.
- Being aware of individual requirements of children with specific medical conditions and following their Risk Minimisation Plan and medical management plan.
- Monitoring signs and symptoms of specific medical conditions and communicating any concerns to the Nominated Supervisor.
- Ensure that parents/guardians are contacted when concerns arise regarding a child's health and wellbeing.
- Complete a Medication Record when a child receives emergency medication while at Periwinkle and provide the child's parents with a copy.

### **Families:**

- provide, on enrolment, comprehensive and explicit information about any medical condition that might impact on their child's active participation in the preschool program including, but not limited to, allergies, anaphylaxis, asthma, and diabetes; and inform the service of any specific requirements that their child may have in relation to their medical condition.
- provide a medical management plan signed by a medical practitioner, either on enrolment or immediately upon diagnosis of an ongoing medical condition. This medical management plan must include a current photo of the child and must clearly





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outline procedures to be followed by staff in the event of an incident relating to the child's specific health care needs.

- collaborate with the Director to develop a risk minimisation plan that outlines strategies for managing risks that are specific to the preschool environment
- notify the director should any aspect of the child's health status change, including any changes to their medical management plan
- ensure that Periwinkle is provided with adequate supplies of any emergency medication that may be required along with specific instructions related to the administration of that medication
- provide Periwinkle with the contact details of their child's medical practitioner.

## **Monitoring, Evaluation and Review**

This policy will be monitored to ensure compliance with legislative requirements and unless deemed necessary through the identification of practice gaps, the service will review this Policy every two years.

Families and staff are essential stakeholders in the policy review process and will be given opportunity and encouragement to be actively involved.

In accordance with R. 172 of the Education and Care Services National Regulations, the service will ensure that families of children enrolled at the service are notified at least 14 days before making any change to a policy or procedure that may have significant impact on the provision of education and care to any child enrolled at the service; a family's ability to utilise the service; the fees charged or the way in which fees are collected.

## **Related Legislation**

- Education and Care Services National Law Act 2010: Section 173
- Education and Care Services National Regulations 2011: 90, 91, 96
- Health Records Act 2001

## **Related Guidelines, Standards, Frameworks**

- National Quality Standard, Quality Area 2: Children's Health and Safety – Standard 2.1, 2.2
- National Quality Standard, Quality Area 7: Governance and Leadership – Standard 7.1, Elements 7.1.2, 7.1.3

## **Resources/Useful Links**

- National Asthma Council – [www.nationalasthma.org.au](http://www.nationalasthma.org.au)



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- Asthma Australia – [www.asthmaaustralia.org.au](http://www.asthmaaustralia.org.au)
- Australasian Society of Clinical Immunology and Allergy – [www.allergy.org.au](http://www.allergy.org.au)
- Diabetes Australia – [www.diabetesaustralia.com.au](http://www.diabetesaustralia.com.au)

### Sources

- Guide to the National Law and National Regulation ACECQA